

# PHARMA DARIPAN 2018-19



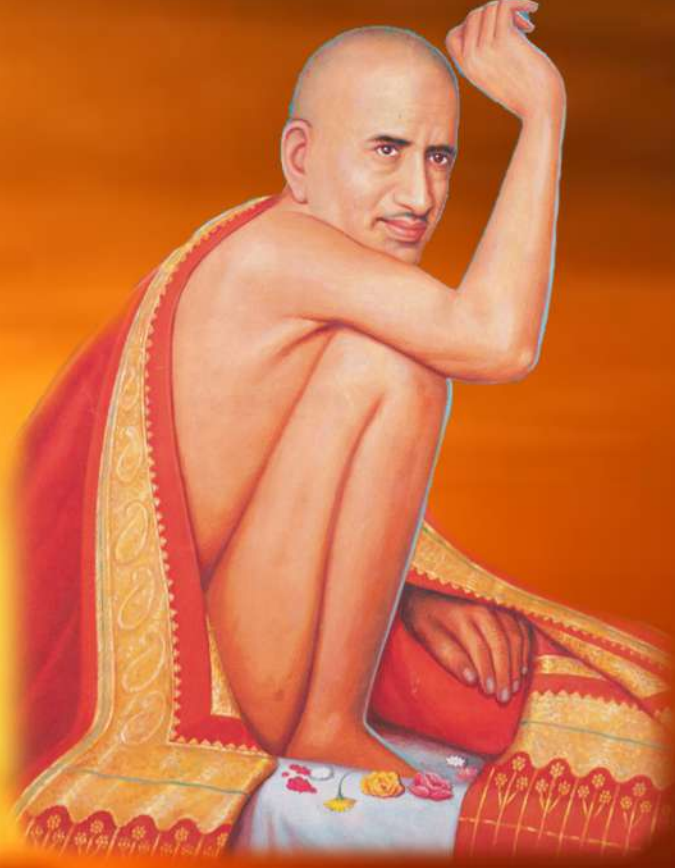
Estd. 9th Aug 1990

Shree Gajanan Maharaj Shikshak Prasarak Mandal's

## Sharadchandra Pawar College Of Pharmacy

At: Dumberwadi (Otur), Post: Khamundi,  
National Highway No.61, Tal: Junnar, Dist: Pune, Maharashtra

# BLESSINGS



परमपूज्य

श्री गजानन महाराज

(शेगाव, महाराष्ट्र)

झुकवूनि मस्तक तुझ्या पाऊली  
नाम घेतो तुझे गजानन माऊली  
वरदहस्त लाभो तुझा सकलासी  
सुखे ठेवा सदैव आम्हा लेकरासी

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**Estd. 9th Aug 1990**

# SHARADCHANDRA PAWAR COLLEGE OF PHARMACY

IMPARTING EXCELLENCE IN EDUCATION & RESEARCH

## PHARMA DARPAN

College Magazine

Academic Year 2018-19

### VISION

“To develop a center for academic excellence and get recognized globally in the field of value-added based pharmaceutical education building competent pharmacist imparting quality pharmacy education to them”.

### MISSION

“To ensure achieving of the potential and growing needs of higher technical education, inspiring pharmacy students from both rural and urban areas with updated technologies, methodologies, well acquainted knowledge and training skill-sets, serving needs of pharmacy discipline and society in future”.

A brief statement of mission mentioned here is applied to the B. Pharmacy program. A few important keywords are identified and defined in order to formulate program educational objectives (PEOs).

### PROGRAM EDUCATIONAL OBJECTIVES (PEOs).

The program is intended to impart pharmaceutical education. The highlights are: a) **International standards, M1:** To produce qualified and competent pharmacists of international standards through outcome-based and self-learning strategies. b) **Pharmacists of highest caliber, M2:** To promote innovation-oriented and problem-based research capabilities in the young pharmacists to foster the progress of the society. c) **Upholding human values, M3:** To inculcate strong ethical values and good professional behavior, so as to adapt and absorb emerging changes in the field of

### 1.1 Programme Educational Objectives (PEO's)

Process of defining Program Educational Objectives (PEOs) of the B. Pharmacy attends the following expansive aspects.

*“How our graduates becomes Life Long Learners absorbing updated pharmacy knowledge”*

*“What values our graduates should have, to foster the progress of society”*

*“How our graduates would play a leadership role in multidisciplinary healthcare team”*

**PEO 1:** The budding pharmacists shall well familiar with the armaments of **scientifically updated knowledge**, research aptitude, scholastic temperament, developing proactive and technically sound professionals, enduring **competitive world of industry** and **higher studies** like M. Pharm., Pharma. MBA, MS, etc.

**PEO 2:** The students shall infuse with the **ethics, moral values** and veracity of human touch and sense of responsibility towards **social deliberations**.

**PEO 3: Contribution** of students for the cause of community and societal needs to mitigate **social obligation** and benefits through pharmacy education.

**PEO 4: Life-long learning** of pharmacy education by the students with more relevant current and contemporary needs including hands on laboratory experience to compete successfully in **local, national and global pharmaceutical field**.

**Estd. 9th Aug 1990**



## **Editorial Board** **Members**

1. *Dr. Ganesh Y Dama*
2. *Dr. Sumit A Joshi*
3. *Dr. Harer S.L*
4. *Mrs. Bidkar SJ*
5. *Mr. Gaurav Gadhave*
6. *Miss Deepika Chordiya*
7. *Miss Manisha Nagare*
8. *Mr. Mule Sumit*

## **EDITORIAL**

*The edition of the annual college magazine is brought to you mark Sharadchandra pawar college of pharmacy's 15 years of excellence.*

*This statement has proved to be true in our case. Sharadchandra Pawar College of pharmacy's 15 years of establishment has shown that it has come a long way in fulfilling the expectations of many through its Academic excellence. Every year which has passed, has always added to its growth. To re-live some such memories of the past years, efforts have been made to show the enthusiasm of the students in various fields.*

*The magazine continues to expand its reach to achieve its vision of being a truly representative of the Sharadchandra Pawar College of pharmacy.*

*The Editorial Board hopes to build on this ethos just as much during the upcoming academic years.*

# CURRICULUM ACTIVITY

## 1. BRAINOLOGIST-A SIGN OF CONFIDENCE

SGMSPM's, Sharadchandra Pawar College of Pharmacy has organized a one day workshop on dated 11<sup>th</sup> August 2018, titled as "BRAINOLOGIST-A SIGN OF CONFIDENCE". Program was organized in association with the Rotary Club, Otur. It was recommended by the President Shri. Vaibhav Vilas Tambe, president, Rotary Club, Otur and also other members of the club. Mr. Amol Changedia guided the audience about the various topics of brain

development, brain storming, positive attitude, winning concept, 21 days success formula, relationship management, goal setting and tracking over the same, etc. Mr. Changedia had actually delivered the proper tricks for nurturing the brain with amazing brain gym techniques and improvising memory and concentration. He focused to spare more time on constructive things and meditation every day.



Mr. Amol Changedia Guiding to the Students

## 2. INDUCTION PROGRAMME B. PHARM. (2018-19)

With the aim to make familiar newly admitted First Year B. Pharm. students with the college infrastructure, administrative, instructional facilities and amenities within premises of college, induction program was held on 14<sup>th</sup> August 2018. It has helped for introduction to the teaching and nonteaching staff and

duties related with them. The event was started by Prof. S. L. Harer with brief theme of Induction 2018-19 and continued by the beloved Principal Dr. G. Y. Dama sir promoting the First Year B. Pharm. students for better choice of Pharmacy course as option for making career. He has explained about future scope of Pharmacy

# CURRICULUM ACTIVITY

including Pharmaceutical industry and business orientation. He had not forgot to put forth the students about maintaining of rules, discipline, attendance in the college. Further it was continued with powerpoint presentation started by Prof. Sunil L. Harer discussing sanstha Shri Gajanan Maharaj

Shikshan Prasarak Mandal, Management Trustee and board of Directors. He has elaborated profile of Principal Dr. Dama Sir as a short glimpse. Presentation followed with the academic details, rules, discipline, students attendance, prohibition of mobile phones within campus, etc.



**Principal Dr. G. Y. Dama Sir promoting fresh B. Pharm. students**

### 3. SOFT SKILL DEVELOPMENT, COMMUNICATION AND INTERVIEW SKILLS

A Three days training program was organized on the topic of “SOFT SKILL DEVELOPMENT, COMMUNICATION AND INTERVIEW SKILLS”. It was organized over the Final Year B. Pharm. and Third Year B. Pharm. students on dated 11<sup>th</sup>, 12<sup>th</sup> and 14<sup>th</sup> September 2018. The training program was delivered by Mr. Ashutosh Kulkarni, a resource person from Visshwa Healthcare Solutions, Pune. The training was provided for 5 hours each day continued for consecutive three days. It

was covered with the English language grammar, Vocabulary, Reading comprehension, Communication, Presentation skills, organizational skills, Listening skills, effective and appropriate communication. He has been also covered up with the “Interview skills”, types of interviews, one-to-one interviews, group assessment and discussion, telephonic interviews. Interview process covering interviewers likes and dislikes, during interview, after interview concepts.



# CURRICULUM ACTIVITY



## 4. PGDM-PHARMA MANAGEMENT: AN OPTION FOR HIGHER STUDIES

One day seminar was organized in seminar hall of the college on 7<sup>th</sup> September 2018. It was delivered over the Final year B. Pharm. students (Total 63). Resource person invited for the seminar were Mrs. Ketki Phatak & Mr. Nitpal Singh from MITCON, Institute of Management, Balewadi, Pune. The objective of conducting seminar was providing a better option for higher studies to the Final year B. pharm. students after completion of their graduation. Few of our B. Pharm. graduates were previously enrolled within

same institute under the course of PGDM-Pharma Management and working in different organizations holding a good position at managerial level. So, by observing the previous track record, we had invited the authorities of MITCON, Balewadi, Pune for the current students of Final year B. Pharm. They have guided students exploring the scope of the course. They have discussed about mandatory entrance exams like ATMA, CMAT, CAT, etc. to be appeared with valid score before admission to the course.

## 5. CONVOCATION CEREMONY (B. PHARM. GRADUATES)

With reference to the Graduation Day circular from Savitribai Phule Pune University as exam/certificate/123 dated 8<sup>th</sup> Jan 2019 supposed to be conducted at college level, we have organized “Convocation Ceremony-2019” for B. Pharm. graduates on 10<sup>th</sup> Feb. 2019 (Sunday) in the college premises of Shri Gajanan Maharaj Shikshan Prasarak

Mandal’s, Sharadchandra Pawar College of Pharmacy, Otur, Tal-Junner, Pune. Invited chief guest for this event was Prof. Dr. Wadekar Subhash Kashinath, Principal, Gramonnati Shikshan Mandal’s, Balasaheb Jadhav College of Arts, Commerce and Science, Alephata, Tal Junner, Pune.

# CURRICULUM ACTIVITY



## 6. ASSESSMENT OF MEDICINAL AND AROMATIC PLANTS IN WESTERN GHATS OF MAHARASHTRA

Shri Gajanan Mahraj Shikshan Prasarak Mandal's Sharadchandra Pawar College of Pharmacy, Dumberwadi, (otur) has organized, a State Level Two Days Workshop on 'Assessment of Medicinal and Aromatic Plants in Western Ghats of Maharashtra' at Bhimashankar Sponsored by Savitribai Phule Pune University. The workshop was scheduled on 01/02/2019 to 02/02/2019. 31 Delegates from Pune University and various other universities within and out of Maharashtra AND 62 students of Third Year B. Pharm. of

Sharadchandra Pawar college of Pharmacy were participated in this workshop. The Inauguration of workshop was graced by the presence of Secretary Shri Gajanan Mahraj Shikshan Prasarak Mandal, Shri Vaibhav Tambe, and Chief Guest: Dr. Subhas S.Deokule, Ex. Prof. & Head Dept. of Botany, SPPU & Currently Dean & Principal ASM'S college of Science, commerce & IT, Chinchwad Pune. Resource Persons Dr. Rahangdale S.R. Prof. and Head, Dept of Botany, A. W. College, Outr & Dr. Mrs. Savita S.

# CURRICULUM ACTIVITY

Rahangdale , Prof. B.J College Ale. Dr. Gaikwad D.D. CEO Vishal institute of Pharmaceutical Education & Research and

Dr. Ingale, Princiapal, Dnyanvilas College of Pharmacy, Alandi, were also the guest of honor for the inauguration ceremony.



## 7. MBA IN PHARMA HEALTH CARE MANAGEMENT:

Prof. Rajesh Gade, Assistant Professor, Lotus Business School, Pune, Maharashtra, Maharashtra was invited as a speaker on 5<sup>th</sup> February, 2019 for delivering talk on the topic “MBA in Pharma Health Care Management “for Final Year B.Pharmacy students. He has expertise for students counseling for higher studies. Rajesh Sir has started his talk in very simple language and explained the various courses available after

B.Pharmacy degree. He given information to the students about various entrance examinations required for taking admission to various courses with eligibility criteria and fees structure. He also explained the students what benefits they are getting in Higher studies with all government facility available for higher studies. He insisted the students how their pharmacy knowledge is useful in Health care management.



# CURRICULUM ACTIVITY

## 8. FORMULATION & DEVELOPMENT

A one day seminar on “FORMULATION & DEVELOPMENT” was organized on dated 2<sup>nd</sup> March 2019 over the Final Year B. Pharm. students in the presence of respective teachers. The resource person invited for the seminar was Mrs. Dipti Kadam, F & D Scientist, Reliance Life Sciences, Pvt. Ltd., Mumbai. She was started with the introduction of the department and facilities available therewith in the pharma industry. She also stated about how to prepare for the interview of the F & D department. Possible questionnaire to be asked during interview was provided to students. She

has stated that Formulation development studies determine the optimal dosage form, composition and manufacturing route is a fundamental part of pharmaceutical product development. Getting pharmaceutical formulation development right helps to optimise drug delivery performance and product stability. The seminar was ended up with the oral feedback of the students and question-answer session. Mrs. Dipti didn't forget to advise students in achieving post graduation as it's a basic criteria of the selection process of job.



## 9. ROLE OF IPQC IN PHARMA INDUSTRY (Alumni Guidance Lecture)

A one day workshop on “ROLE OF IPQC IN PHARMA INDUSTRY” was organized in college premises on dated 2<sup>nd</sup> March 2019. For the conduct of seminar the invited person was one of our B. Pharm. Alumni i.e Mr. Swapnil Vare, B.

Pharm. graduate of 2016-17 & currently working with CIPLA Pharmaceuticals, Pvt. Ltd., Goa as IPQC officer. He has started with the basics of quality control (QC) and quality assurance (QA). He also elaborated the working difference between

# CURRICULUM ACTIVITY

these two departments. These are checks that are carried out before the manufacturing process is completed. The function of in-process controls is monitoring and if necessary adaption of

the manufacturing process in order to comply with the specifications. This may include control of equipment and environment too.



## 10. IPR & PATENT FILING - A PRESENT SCENARIO

One day workshop on “IPR & PATENT FILING: A PRESENT SCENARIO” was organized on 16<sup>th</sup> March 2019 in Seminar Hall of college. It was delivered over Final Year B. Pharm. and M. Pharm. students in the presence of respective teachers. The invited resource persons available were Dr. Mrs. Sanchita Tewari & Mr. Prabhakar Sharma belonging to THIRD IP solutions, Pune. She had elaborated concept of Indian patent and US patent also detailed about the patent filing process. Discussion

about different types of documents and legal forms required have been presented by them. Various types of Intellectual Property Rights (IPR) as like Patents, Designs, Trademarks, Copyrights and Geographical Indicators locations etc were described. It was very applicable and beneficial for the students for making their career in regulatory affairs of different pharma companies along with government sector departments.



# CURRICULUM ACTIVITY

## 11. MOCK INTERVIEW

A mock Interview session was initiated by welcome address by Dr. G. Y. Dama, Principal, Sharadchandra College of Pharmacy by focusing on Importance & usefulness of Mock Interview. Dr. D. G. Umalkar welcome all participants students and Panel of Experts. There were 63 students participated in the Mock Interview and were assessed on various parameters including Knowledge, Communication, Confidence, Body Language, Dressing Sense, Group Discussion etc. by expert panel.

The Mock Interview session has various sessions like: • Written Test • Personal Interview • Group Discussion

**Written Test:** It was conducted in two phases. In its first phase ten MCQ are given to each participants on the basis of technical knowledge. Second phase of written test include minimum ten sentences participants had to write on given topic. The purpose of written test

was to evaluate technical knowledge as well English writing skill.

**Personal Interview:** Four panels of experts from various departments were formed to take one to one personal interview of students. Students were assessed on Basic Technical Concepts, Recent advancements in technologies and applications.

**Group Discussion:** The Topics for the Group Discussions was Digital India, Start-Up India, Bharat Swachh Abhiyan, Skill Development & Demonetization. The students were divided into groups and topic was given on the spot. Three minutes were given to think and then group discussion was started. Total Time period was ten minutes. Students were evaluated depending on their initiation, involvement in group discussion.



# CURRICULUM ACTIVITY



Shot on OnePlus  
By VK18



Shot on OnePlus  
By VK18

## 12. SEMINAR ON PHARMACOVIGILANCE, REGULATORY AFFAIRS & CLINICAL TRIALS:

The seminar was held at Sharadchandra pawar college of Pharmacy on the 21<sup>st</sup> of September. The focus of the seminar was “Pharmacovigilance, Regulatory Affairs & Clinical Trials”. The seminar theme was

designed to improve the awareness of students in the field of regulatory affairs. Pharma-Regulatory Affairs act at the interface between the pharmaceutical industry and drug regulatory authorities

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across the world. Speaker madam Ms. Archana Gawade has discussed about all the basics of regulatory affairs like its key role in pharmacy, its worldwide scope, its responsibilities like, statutory regulatory documents, grant and renewal of regulatory licences, preparation of

regulatory closures, filing & follow up at national and regional levels. She had explained details of pharmacovigilance also. She had discussed about Drug discovery & development, timeline post marketing, difference between clinical trials and pharmacovigilance.



### 13. MARKETING IN PHARMA INDUSTRY

A one day seminar on “MARKETING IN PHARMA INDUSTRY” was organized on dated 1<sup>st</sup>MARCH 2019 over the Final year B.Pharm student in the presence of respective all teachers. The Resource person invited for the seminar was Mr.Alumini Expert Somnath Shelke,

Business Officer, Macleod’s Pharmaceutical, pvt.Ltd, Pune.The felicitation of resource person was performed at the hands of Principal Dr. G.Y. Dama sir by offering Flower bouquet and shawl. He was starting with the introduction of the Scope, challenges and



# CURRICULUM ACTIVITY

general idea about current pharma marketing. He also gives idea about the

different Pharm job opportunities' and higher education after B.Pharmacy.



## 14. TREE PLANTATION: NEW MEDICINAL PLANT GARDEN

The SGMSPM's Shri Sharadchandra Pawar College of pharmacy, Dumberwadi, Otur conducted a Medicinal sapling plantation drive on occasion of the 'Vanmahotsav-2018' in the college campus. On date 01/07/2018 the plantations of 50 (Fifty) medicinal plant saplings were carried out in SGMSPM's Shri Sharadchandra Pawar College of pharmacy, Dumberwadi, Otur in presence of Hon. Shri Vaibhavji Tambe, Chief secretary and Hon. Principal Dr. Ganesh Y. Dama, on this occasion teaching and

non-teaching staff was present along with students. The Hon. Shri Vaibhavji Tambe planted 'Bahava' sapling and he urged the volunteers of College of Pharmacy for more plantation of medicinal plants. The Hon. Vaibhavji Tambe asked the Marathi names and uses of some medicinal plants. Prof. Bidkar Jayant S. explained regarding the Medicinal uses and Marathi (Local) names. The fifty plants were planted in medicinal garden in which rare and medicinally potent plants are included.



# CURRICULUM ACTIVITY

## 15. ONE DAY SEMINAR ON “GPAT AND PHARMACY HIGHER EDUCATION COUNSELING”

SGMSPM's, Sharadchandra Pawar College of Pharmacy has organized a one day workshop on dated 11th August 2018, titled as “GPAT AND PHARMACY HIGHER EDUCATION COUNSELING”. Mr. Pratap Pawar, Assistant Professor, MET's Institute of Pharmacy, Nashik, Maharashtra was invited as a speaker on 18th January, 2019 for delivering talk on the topic “GPAT and Pharmacy Higher Education “for Third Year & Final Year B.Pharmacy students. Mr. Pratap Pawar has a wide experience for GPAT Counseling. More than 700 M.Pharmacy & 2000 B.Pharmacy were Counseled by him in nearly 20 colleges across India. He himself Qualified GATE 2 times &.GPAT 5 times. Mr. Pratap Pawar has discussed

subject wise book for GPAT exam. He also explained the students what benefits they are getting in Higher studies if they are qualifying the GPAT examination. He also gave information about Courses and Colleges for Higher studies after their degree and explained the student how to manage their time in GPAT exam, how to do study for other competitive exam. This One Day seminar was ended with Vote of thanks by Dr. D. G. Umalkar to the Management of SGMSPM's Sharadchandra Pawar College of Pharmacy, Principal Dr. G. Y. Dama sir, all Teaching and Non-Teaching staff, students of third year and Final Year B.Pharmacy for their support to organize this seminar.



# CURRICULUM ACTIVITY

## 16. ONE DAY INDUSTRIAL TRAINING CUM WORKSHOP AT BIOERA LIFE SCIENCES PVT LTD, TATHAWADE, PUNE

Industrial Training was carried out at BioEra Ltd., Pune on 30th September, 2018 especially for Third year B. Pharmacy semester fifth students of Sharadchandra Pawar College of Pharmacy, Otur. The main objective behind the one day industrial tour cum workshop programme was to make student aware about clear understanding of practical and application context of technology like PCR, Agarose Gel Electrophoresis and DNA Extraction. The students can understand various activities

of industry especially in relation to Manufacturing, marketing, financing and human resource etc. which are carried out in company and give them feel of employees as soon as they start their career. Around 51 students have been participated in this event and were guided by Mr. Ketan Sharma, Senior executive, BioEra Ltd, Pune. After gathered in seminar hall for introductory lecture on PCR, Agarose Gel Electrophoresis and DNA Extraction by Mrs. Asha Salunke, Plant Head and Dr. Vishwadeep, Senior research scientist.



# CURRICULUM ACTIVITY

## 17. ONE DAY INDUSTRIAL TOUR BORA PHARMA PVT. LTD. AHMEDNAGAR

One day Industrial Tour was carried out at Bora Pharma Pvt. Ltd., Ahmednagar on 10th March, 2019 especially for Third year B. Pharmacy semester fifth students of Sharadchandra Pawar College of Pharmacy, Otur. The objective behind the tour is to understand various activities of industry especially in relation to Manufacturing. Exposure to the industrial atmosphere is of a great value for the future progress for each candidate

attending this industrial visit. All students were extended their gratitude towards Bora Pharma Pvt. Ltd., Ahmednagar for permission and support they gave to make our industrial tour successful. Students also extended deep gratitude to our beloved Principal Dr. G. Y. Dama for arranging this industrial tour for the students. Overall, it was a great experience for the students to attend such an important visit for the bright future of them.



# CURRICULUM ACTIVITY

## 18. CELEBRATIONS OF NATIONAL SCIENCE DAY

On the occasion of National Science Day field visit was carried out GMRT (Giant Metre wave Radio Telescope) is located in Narayangaon, Pune on 28<sup>th</sup> February 2019, especially for third year B. Pharmacy students of Sharadchandra Pawar College of Pharmacy, Otur. It is operated by the National Centre for Radio Astrophysics, a part of the Tata Institute of Fundamental Research, Mumbai. Each year on National science day the observatory invites the public & students from colleges in the

surrounding area to visit the site where they can listen to explanations of radio astronomy, receiver technology and astronomy from the engineers and astronomers who work there. The field visit was concluded with an interactive session for the students, where they got an opportunity to interact with the concerned authorities and gain more knowledge. We also extend our gratitude to our Principal Dr. G. Y. Dama for arranging this field visit for the students.



## 19. STATE LEVEL PHARMA MODEL EXPO-2K18

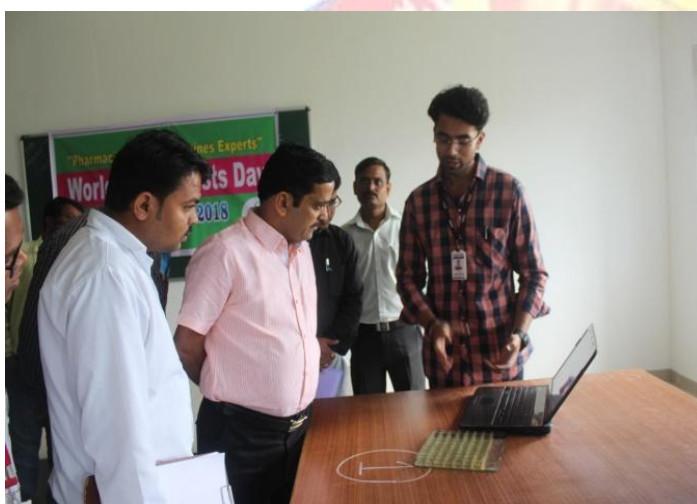
On the occasion of “WORLD PHARMACIST DAY” on 25<sup>th</sup> September, 2018, SGMSPM’S, Sharadchandra Pawar College of Pharmacy, Otur, Pune, has organized “STATE LEVEL PHARMA MODEL EXPO-2018” in the college premises. The event was inaugurated by the principal, Dr. G. Y. Dama Sir and Dr. Dinesh Hase from Amrutvahini College of

Pharmacy, Sangamner. The students of D. pharmacy, B. Pharmacy and M. Pharmacy from our college displayed pioneering talents. Approximately Seventy (70) different teams and 150 delegates from various pharmacy institutions along with students and profrrsor of Pune, Pimpri chinchwad, Akurdi, Nashik, Kalwan, Malegaon, Sangamner, Shirur, Takali

## CURRICULUM ACTIVITY

dokeshwar, Belhe & Kalyan were actively participated. Winners of the event were announced in valedictory ceremony and felicitated with the distribution of prizes. First prize in the form of Rs. 5000/- and memento along with certificate was secured by participant team from MCE's, Allana college of pharmacy, Pune. Second prize in the form of Rs.3000/- with

memento, certificate secured KBHS'S college of pharmacy, Malegaon and third prize in the form of Rs.2000/- with memento, certificate secured Maharashtra institute of pharmacy, Pune. Along with this some of consolated prizes were given to the participants of Sharadchandra Pawar College of Pharmacy, Otur.



### 20. PARENTS MEET 2018-19

A Parent Teacher Meet for B.Pharm students was held on 4<sup>th</sup> August 2018 to discuss the performance of students. Parents were given feedback. It was a great interaction between the teachers and

the parents for the development of their children. They discussed both the strengths and areas of improvements. The meeting started with the welcome address by Head of the Department, Dr. G.Y. Dama Sir. He

# CURRICULUM ACTIVITY

had explained how the department offers the best possible learning environment for the student's attendance; academic

## Parent's feedback

We were pleased to listen to the parent's feedback and assured them that necessary actions will be taken bounded within the department's powers:

1) Parents appreciated of the open and welcome atmosphere in the college where students

performance and other special programs have been briefed to the parents.

make excellent training and sometimes exceptional progress. 2) Parent's felt happy for the efforts taken by the department. 3) Parents insisted to inform them about their wards' performance through progress report card at regular interval.



# CURRICULUM ACTIVITY

## 21. CAMPUS INTERVIEW

A campus Interview was organized by Sharadchandra College of Pharmacy on 04-04-2019. The campus interview was initiated with welcome address by Dr. G. Y. Dama, Principal, Sharadchandra College of Pharmacy by focusing on Importance & usefulness of campus Interview. Dr. D. G. Umalkar welcomes all participants and Interviewer panel (Allay Surgical Pvt. Ltd, Gujarat,

Medilabs Solutions, Kandivalli West, Mumbai, Trident Medlife Pvt. Ltd., Pune, Helfen Life Science, Pune, Star Care Life Science, Pune). There were 63 B.Pharm final year students participated in the campus Interview and were assessed on various parameters including Knowledge, Communication, Confidence, Body Language, Dressing Sense, Group Discussion etc. by Interview expert panel.





# CURRICULUM ACTIVITY

## 22. ENVIRONMENT FIELD TRIP

Sharadchandra Pawar College of pharmacy Otur, arranged the environment field trip for First year B. Pharm students at Shivneri Fort. College environment club arranged this trip for the purpose of plastic collection and making the fort clean. On this event Principle Sir shared his view on Plastic Waste recycling.

Students amassed the plastic bottles, plastic bags and different plastic material.

In reality, plastic is not a hassle.

The trouble is irresponsible

human behavior is doing away

with plastic. If disposed of sensibly, it is

able to really do well to the surroundings.

But humans or tourist who come to visit castle come

and experience the vicinity and make it grimy by way of throwing plastic bottle,

plastic wrappers and plenty of more. So we prompted college

students to collect plastic from the region and make it plastic free.

Our college

students also worked well and gathered all the fabric and then given for in

addition process.



## 23. PCI SYLLABUS ORIENTATION WORKSHOP-2019

On dated 29<sup>th</sup> January 2019 our principal attended the Pharmacy council of India Syllabus orientation workshop - 2019 as delegates held at SSK Solitaire, Hotel & Banquets, Nashik. Mahatma Gandhi Vidyamandir's college of Pharmacy, Nashik arranged the orientation programme for the implementation of

Pharmacy council of India syllabus (PCI) (CGBS pattern) on date 29<sup>th</sup> January 2019.

The introduction session was begun with worshipping Goddesses Saraswati. The session is led by Honorable Dr. R.S. Bhamber Principal, MGV's College of Pharmacy, Panchvati, Nashik keynote was given by principal of the college and he

# CURRICULUM ACTIVITY

engaged participants for constructive discussion for PCI Syllabus orientation.

Dr. G.Y.Dama, Principal of Sharadchandra

1. Regarding the working days mentioned in the curriculum.
2. Inclusion of Pharmacognosy subject for all eight semester.
3. Inclusion of Pharmaceutics subject with equal weightage.

Pawar college of Pharmacy invited as resource person in the workshop and suggested following key points:

4. No requirement to include Remedial Mathematics and Remedial Biology subject and also computer application subject.



Estd. 9th Aug 1990

## NSS ACTIVITY

### 24. SWACCHA SARVEKSHAN GRAMIN-2018

Under the department of Drinking Water & Hygiene Ministry- Government of India, with the objective of deciding ranks to the villages, towns in the respective district provided protocol of marking system, there was a separate hygiene and cleanliness monitoring program known as “SWACCHA SARVEKSHAN GRAMIN-2018” on dated 30<sup>th</sup> August 2018. Block Development Officer, Panchayat Samiti, Junner had forwarded this procedure to us

and various educational organizations, grampanchayat, schools, Primary Health Centre (PHC), following order of Chief Executive Officer (CEO), Zilha Parishad, Pune. Authorized person available to us was Mr. Tadavi S. J. from the Water & Hygiene department of Panchayat Samiti, Junner. Mr. Tadavi has guided our students of B. Pharm. and M. Pharm. about the mobile app called “SSG-18”.



### 25. NSS Special Activity 2018-19 (18<sup>th</sup> Jan. 2019 to 24<sup>th</sup> Jan. 2019)

The NSS camp for the Academic year 2018-2019, was organized by the SPCOP college of pharmacy, NSS Unit cell from 16<sup>th</sup> to 24<sup>th</sup> Jan 2019 at Dyaneshwar Maharaj Shamadhi Mandir, Kolwadi, Ale phata, Tal- Junnar, Dist-Pune and it is 16 km from the spcop campus. The camp consisted of (Combine camp with SPCOP

college of pharmacy, B.J college art commerce and science, Ale and VIPER, Ale) 175 student member including staff . Camp was conducted under the guidance of Principal Dr. G.Y Dama SPCOP Otur, Principal Dr. S.K Wadekar B.J art commerce and science, Ale and Principal Dr. S.L Jadhav VIPER Ale. NSS program

## *NSS ACTIVITY*

Officer, Mr. N.V Devhadrao. The main aim of the camp was to help the people in the village, to know about their life style and to help them to improve their abilities and social activities and to provide them technical knowledge and to create awareness among people about Sawacch bharat Abhiyan, Andha Shtadha nirmulan etc. The main activity or task of the day

was to carry out “PANI AADHAVA PANI JIRVA” in the camp on date 23<sup>th</sup> Jan 2019 was to build bandhara. Some of the villages were there to guide us. It was definitely the biggest and energy consuming activity we encountered so far. The event was a success reaping from the love of the locals.



# GENERAL ACTIVITY

## 26. INTERNATIONAL DAY OF YOGA

International Day of Yoga is celebrated annually on 21st June since its inception in 2015. The idea of International Day of Yoga was first proposed by the current Prime Minister of India, Mr. Narendra Modi during his speech at the UNGA on 27th September 2014. This year also SGMSPM's, Sharadchandra Pawar College of Pharmacy celebrated International Yoga Day. The program has started at 8:30 am in the college premise

with all the staff members and students and local people. Meditation is Relaxation which gives calm mind, good concentration and Rejuvenation of the body and mind etc. inside our college premises on 60 students of our college along with effectively performed the various hard and easy instructor Mr.Ajit Nalawade and his two gentle and friendly trainees. On 21st June, 2018.



## 27. CELEBRATION OF HINDI DIWAS

Hindi Day is celebrated annually on 14<sup>th</sup> September in premises of Shri Gajanan Maharaj Shikshan Prasarak Mandal's Sharadchandra Pawar College of Pharmacy. All the teaching and nonteaching Staff gather together for celebration of Hindi bhasha diwas. Hindi Divas is celebrated on 14 September, to commemorate the adoption of Hindi

written in Devanagari script as one of the two official languages of the Republic of India by Constituent Assembly of India. 14th September, the day the Constituent Assembly of India adopted Hindi as its official language, is celebrated as Hindi Diwas each year. Many students & staff of SPCOP celebrate this day with great enthusiasm. Many Students of SPCOP

# GENERAL ACTIVITY

come forward to talk about the importance of Hindi language and Indian culture. Principal, Dr.Dama Sir delivered speech on importance of Hindi language. He expressed that, it is a day to stress upon the importance of Hindi language which is

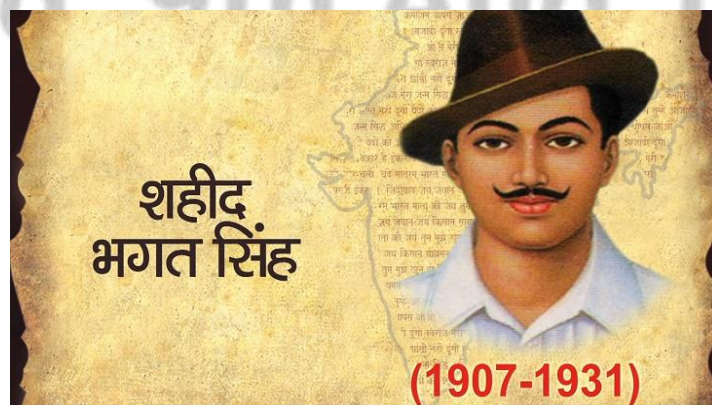
losing its significance in the country where English speaking population is considered smarter. It is sad to see how during job interviews, people who speak English are given preference over the others.



## 28. CELEBRATIONS OF SHAHEED DAY

In the premises of Shri Gajanan Maharaj Shikshan Prasarak Mandal's Sharadchandra Pawar College of Pharmacy has organized "Shaheed Day". Bhagat Singh was an Indian socialist revolutionary whose two acts of dramatic violence against the British in India and execution at age 23 made him a folk hero of the Indian independence movement. They sacrificed their lives for the independence of India but their inspiring

actions continued to stir the desire for freedom until it was achieved in 1947. He is often referred to as a 'youth icon' since he started his retaliation against the British rulers at a very young age. The freedom fighter is credited with popularizing the catchphrase "*Inquilab zindabad*" (Long live the revolutions). We still remember him as Shaheed Bhagat Singh. Lastly the college students placed candles near Bhagat Singh's photograph.



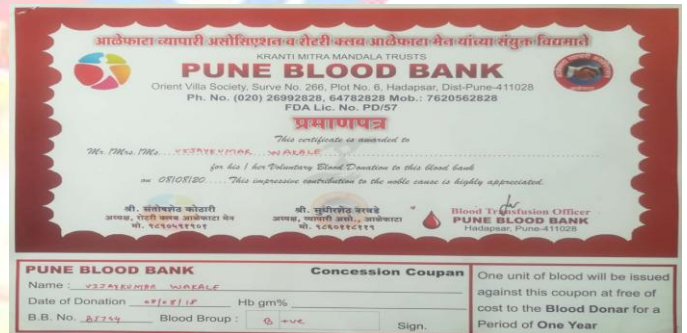
# GENERAL ACTIVITY

## 29. BLOOD DONATION CAMP (2018-19)

A blood Donation camp was organized by Yvapari association & Rotary club alephata in collaboration with Kranti Mitra Mandala Trusts Pune Blood Bank, hadapsar, Pune. A Blood donation camp was held in Bharat Bhavan, Alephata on 8<sup>th</sup> August 2018 from 8.00 a.m. to 6.00p.m. Our students & staff of SGMSPM'S Sharadchandra Pawar College of Pharmacy, Otur, were actively participated in blood donation camp. The

activity of blood donation was started by members of Yvapari association & Rotary club. Thereafter other donors such as students & many local people joined the event. There was an overwhelming response for blood donation camp from students & other donor. Some of the students who could not donate this time were assured for donation in the next camp.

**Give the gift of life  
Donate blood**



# GENERAL ACTIVITY

## 30. CELEBRATION OF SHIV JAYANTI

The Birth anniversary of Chhatrapati Shivaji Maharaj was celebrated in Sharadchandra Pawar College of Pharmacy, Otur on 19th February 2019. The celebrations commenced with the enlightening of lamp in front of image of Chhatrapati Shivaji Maharaj. At the early morning students of B.Pharmacy college involved in Mashal rally from Shivnery fort to college Campus. Principal Dr.G.Y.Dama sir delivered key note address with students of B.Pharmacy regarding Shiv jayanti. Later, some

students express speech on life of Shivaji maharaj. Entire event has been organized by Final year B. Pharm students. They were dressed in traditional dressings like white kurta & Feta in a glorious manner. All students were involved in Hol Tasha. They have decorated the statue of Chhatrapati Shivaji Maharaj by flowers in a attractive traditional way. In the sound of 'Dhol' and 'Taasha' SPCOP celebrated Shiv Jayanti in an enthusiastic way. All students of B.Pharmacy college actively participated in the Shiv yanti Programm.





# GENERAL ACTIVITY

## 31. CELEBRATION OF WOMEN'S DAY

International Women's Day is celebrated annually in premises of Shri Gajanan Maharaj Shikshan Prasarak Mandal's Sharadchandra Pawar College of Pharmacy. All the ladies teaching and nonteaching staff gather together for celebration of women's day. Cultural Incharge Mrs. Bidkar S.J. presents the keynote address of the program where in she explained the background and purpose of arrangement of the program Dr. Savita Phalke madam shared her views and deliver the lecture on "Women empowerment and gender equality". She explain gender equality also known as sexual equality is the states of equal ease

of access to resources and the opportunities regardless of gender, including economic participation and decision making. She emphasises staff for empowerment through education, raising awareness, literacy, and training. Women empowerment is all about accepting and allowing woman to make life-determining decision through the different problems in society. Finally she explained the overall objective of gender equality in a society in which women and men enjoy the same opportunities in all spheres of life. In this Way women's day was celebrated with the Social awareness.



## 32. NATIONAL EDUCATION DAY

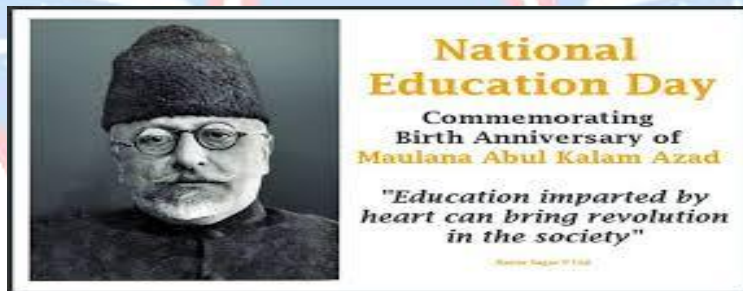
SGMSPM,s Sharad Chandra Pawar College of Pharmacy celebrated Education Day on 11<sup>th</sup> of November 2018 in presence of all the teaching, nonteaching staff and students of SPCOP in the college premices

in a very professional manner. National Education Day is an annual observance in India to commemorate the birth anniversary of Maulana Abul Kalam Azad, the first education minister of independent

# GENERAL ACTIVITY

India, who served from 15<sup>th</sup> August 1947 until 2 February 1958. National Education Day of India is celebrated on 11 November every year. Principal of SPCOP, Dr. G.Y. Dama sir delivered a talk on this occasion. He discussed that Maulana fought for country's freedom and in 1912, he started a weekly journal in Urdu called Al-Hilal to increase the

revolutionary recruits. For his contribution – both as an educationist as a freedom fighter – he was awarded the Bharat Ratna in 1992. He strongly advocated the education of women. In 1949, in the Central Assembly, he emphasised the importance of imparting instruction in modern sciences and knowledge.



### 33. CHAITNYA MAHARAJ PALKHI

On the occasion of Ashadhi Ekadashi Shri Gajanan Maharaj Shikshan Prasarak Mandal's Sharadchandra Pawar College of Pharmacy took this wonderful opportunity of presenting this traditional Chaitnya Maharajpalkhi. Shri Chaitnya Maharaj palkhi starts from Otur & ends with Pandharpur. This event was brought into existence to sensitize the young minds with traditional integrity amongst each

other. The soothing bhajans and songs mesmerized whole college campus. The participation of all B.Pharm students in this palkhi event gave a message of social awareness. The program was conducted in presence of Secretary, Shri Gajanan Maharaj Shikhan Prasarak Mandal, Mr. Vaibhav Tambe Sir and Dr. Ganesh Dama.



# CULTURAL ACTIVITY

## 34. DANDIYA CELEBRATION:

Sharadchandra Pawar College of Pharmacy has conducted Dandiya Celebration on 17th October 2018 at SPCOP ground. The chief guest of the event was Honourable Secretary of Shri Gajanan Maharaj Prasarak Mandal, Mr. Vaibhav Tambe Sir. All the students of SPCOP took part in the celebration. In and around 360 students participated in the same event including teaching and non-teaching staff of SPCOP. Event schedule was 6.00 pm to 9.30 pm. It was a symbol of unity and worship towards

goddess Durga. By conducting such events in campus premises, we can set an example for society that there is always UNITY in DIVERSITY. We can make ourselves stronger by coming together. At the end of the programme, delicious refreshments and D. J. has been organized for the students. The Navrotsav event became an excellent example of celebration of tradition with joy and fervor at its fullest along with the discipline of students.



## 35. GANESH UTSAV:

Festivals build group cohesiveness. Festivals inform, educate, bring people together, break the monotony of routine and give us a chance to reenergize our body, mind and spirit. Of all festivals, Ganesh Chaturthi is the most colourful. It is celebrated with much fervor and joy. The festival is celebrated by installing

Lord Ganesha's idol at home, or in pandals. After worship, the festival ends with the immersion of the idol in the water body. In order to let the students stay rooted with Indian culture, Sharadchandra Pawar College of Pharmacy celebrates various festivals on campus. Ganesh Festival is one of them. On 13th Sep. 2018 on

## CULTURAL ACTIVITY

the occasion of 'Ganesh Chaturthi' with full enthusiasm SPCOP staff and students

installed the 'Ganesha idol' in the institute for 5 days.



### 36. ANNUAL FEST

Apart from the academic activities the students are also involved in various extra-curricular & Co-curricular activities organized at inter college as well as Intra collegiate level. Student council committee or Gymkhana committee is in charge for organizing, co-coordinating & education of all these activities. This year Annual Fest, 'Artbeats' has been conducted in Sharadchandra Pawar college of

Pharmacy, during 14<sup>th</sup> Feb to 21<sup>st</sup> February 2019. During this period schedule for the various sports and cultural activities has been prepared and events were conducted according to the schedule only. Various sports like cricket, volley ball, badminton, carrom, chess has been conducted for students. Various competitions like Rangoli, mehendi, salad decoration, photography, window's movie making,

## CULTURAL ACTIVITY

graphity, fun fair etc are organized during the schedule. Variety of days like saree day, twins day, mismatch day, retro day, blak & white day etc are kept for students.

Students participate in various stage programmes like traditional entry, dance, drama, mime show, singing, fashion show, standup comedy etc.



### 37. FAREWELL CEREMONY:

Farewell party, 'Lamhe' was organized for the Final Year B. Pharm students at Malshej Agro Resort, Madh, at 3 PM on 5<sup>th</sup> April 2019. From 3.00pm to 5.00 pm. swimming facility has been provided for the enjoyment of students. Principal Dr.Dama G. Y. sir wished good luck to the

final year students for their future. He also expressed his hope that students will continue holding best positions in upcoming university exams. Sir motivated students by sharing his own experience in his life. Our students are very disciplined, well mannered, punctual and well

# CULTURAL ACTIVITY

responsive. They have well contributed to this college for years by helping the staff, organizing committee and other members

of the college. College has awarded Best outgoing students from Degree.



## 38. CELEBRATION OF SWAMI VIVEKANANDA JAYANTI

The Birth anniversary of Swami Vivekananda, which is marked as National Youth Day was celebrated in Sharadchandra Pawar College of Pharmacy, Otur on 12<sup>th</sup> January 2019. The celebrations commenced with the enlightening of lamp in front of image of swami Vivekanand. At the starting of the Programme Principal Dr .G.Y .Dama sir key note address with students of

B.Pharmacy regarding swami vivekanand jayanti. On behalf of Ramkrushna matha ,Pune our college arranged exhibition of swami vivekanand's books including various titles. All students of B.Pharmacy college actively participated in the exhibition of books. The Programme of Books exhibition well received by all faculty and the students attended.

# CULTURAL ACTIVITY



## 39. CELEBRATIONS OF FRESHER'S PARTY

“Fresher’s Party” in any college is an event which every student eagerly awaits from their time of admission. The 8<sup>th</sup> of September 2018 was as a memorable day in the life of every fresher of B. Pharm. First year batch 2018-19 at Sharadchandra pawar college of Pharmacy. The fresher’s day was filled with excitement, joy, music, enthusiasm, laughter and happiness. The dress code for the fresher’s day was “dress your best”. The celebration started at sharp 11.00am Nilam Garden, Dingor by our anchors Anjali Kadam & Jui Naykodi with the warm welcome of all the dignitaries present in the function. This was followed by the Saraswati pooja and lamp lightening by the Dignitaries. Followed by this the welcome speech was given by Raj Admane, and the fresher were formally

welcomed into the SPCOP Family. Honourable secretary of Shri Gajanan Maharaj Prasarak Mandal, Mr. Vaibhav Tambe was invited as a chief guest & he was also introduced. After all cultural performance, results were declared and out of 60 contestants, 2 of them including 1 boy and 1 girl were finally selected for Mr. Fresher & Miss. Fresher . The winners of Mr. and Ms. Fresher were Sagar Shirude and Pratiksha Shinde respectively. All awards were given by honourable secretary Mr. Vaibhav Tambe Sir & honourable Principal, Dr.Dama sir, Mr. and Miss. Fresher were awarded by the trophies. Finally, the vote of thanks was given by General secretary of college Mr. Gaurav Gadhave.



# CULTURAL ACTIVITY



## 40. CELEBRATIONS OF INDEPENDENCE DAY

Swatantrata Divas, India's Independence Day, is celebrated annually on the 15th of August. This day commemorates the independence and the end of the colonial rule of the British, achieved in 1947. The British had ruled India since the 18th century. This foreign rule ended in 1947. With the same cause it is celebrated as the national festival in our institute 'Sharadchandra Pawar College of Pharmacy'. The 72<sup>th</sup> independence day celebration commenced with the warm welcome by Secretary of institute Shri

Vaibhav Tambe, Vice President of Institute Shri Shrihari Tambe and Subsequently Principal, Dr. G.Y. Dama. The flag hosting ceremony was followed by the national anthem in the premises by the patriotic and enthusiastic SPCOP Staffs and Students. The Principal Dr. G. Y. Dama addressed the gathering. He emphasized the need for student participation in Games and sports. Sweets were distributed among students and group photo taken with Principal Dr. Dama sir.





# CULTURAL ACTIVITY

## 41. CELEBRATIONS OF GANDHI JAYANTI

Sharadchandra Pawar college of pharmacy organized a special assembly on 2<sup>nd</sup> october 2019 to celebrate the national festival, as Gandhi Jayanti. Students celebrated *bapu's* birthday in college with great zeal, enthusiasm and patriotism. To celebrate such auspicious occasion students and staff are gathered in the college premises. At the began of the Programme Dr. Dama sir, Principal of sharadchandra Pawar College of Pharmacy, address with students regarding

life of Mahatma Gandhi and his valuable work for nation. Later, some students of Pharmacy college shared anecdotes from Gandhiji's life. In second session of the programme Swachta Abhiyan has been conducted by students. In this students always use to clean college campus and made the area clean. From this activity awareness of hygiene has developed in the mins of students. The occasion wound up with medley of Bapu's favourite songs such as Rghupati Raghav Rajaram.



# CURRICULUM ACTIVITY

## 42. CELEBRATIONS OF REPUBLIC DAY

The 70<sup>th</sup> Republic Day of India was celebrated with gaiety and patriotic fervor at Shri Gajanan Maharaj Shikshan Prasarak Mandal's Sharadchandra Pawar College of Pharmacy amidst the foggy morning of 26<sup>th</sup> January, 2019. The ceremony took place in the presence of, Shri Vaibhav Tambe, Shri Sachin Tambe and Balasaheb Dumbare, Principal of SPCOP and HOD of various departments, faculty and students. The ceremony commenced with the unfurling of the National Flag by the Chief Guest, Shri Sachin Tambe. This was accompanied by the rendition of National Anthem 'Jan Gan Man' sung by a team of students, staff. After National anthem Shri Sachin

Tambe addressed the crowd. Then the series of speeches started. The Principal Dr. G. Y. Dama addressed the gathering. He emphasized the need for student participation in Games and sports. Our Academic Incharge also delivered a fine speech on the 'National leaders'. The students of SPCOP after flag hosting organized one act play. The theme of play was "Women's Safety". The main intention of play and drama was to spread the message and awareness in women's life about their safety and sexual harassment. The whole programme of Republic day was nice. The programme ended with the Refreshment to the staff & students.



# CURRICULUM ACTIVITY

## 43. CELEBRATION OF RANGPANCAHMI

Rangpanchami is celebrated with great enthusiasm in Maharashtra and several parts of Gujarat and Madhya Pradesh. Rang Panchami falls on March 25 this year. The festival of Ranga Panchami is celebrated just after a period of five days of the Holi festival. The celebrations of Ranga Panchami is another festivity associated with the festival of colors. On this particular day, people play with colored water and celebrate it with much joy and enthusiasm. Panchami denotes fifth and Ranga signifies color, thus in a literal sense, it refers to the very fifth day of the festival of colors. In some specific parts of the nation, Ranga Panchami is another day for Holi celebrations. In the states of

Maharashtra, it is a vital day for the fishing community as they celebrate this festival in the name of Shingo. A lot of dancing and singing programs are organized too. In areas like Madhya Pradesh, states of Maharashtra and various other parts of Northern India, the festival is revered immensely and celebrated with much vigor. Students of Sharadchandra Pawar college of Pharmacy every year celebrate this festival in an enthusiastic manner. Mostly Girls of SPCOP celebrate this festival in SPCOP Hostel area. In order to let the students stay rooted with Indian culture, Sharadchandra Pawar college of Pharmacy celebrates various festivals in campus.



# CURRICULUM ACTIVITY

## 44. ALUMNI MEET & CONVOCATION CEREMONY REPORT 2018-19

Alumni Association of Sharadchandra Pawar college of Pharmacy, Otur, Pune, was conducted on the occasion of Convocation ceremony on 10<sup>th</sup> February 2019. Alumni association is the primary communication link between the college and our alumni. It is our goal to encourage and foster lifelong alumni involvement and commitment. We SPCOP are working towards creating opportunities to network, share nostalgic moments, help our juniors and be partner in the growth of SPCOP. Fourth convocation ceremony was organized at Sharadchandra Pawar College of Pharmacy, Otur for awarding the degree of graduation to 2017-18 pass out B.

Pharm. students on February 10<sup>th</sup>, 2019. Principal, Balasaheb Jadhav College of Arts, Commerce and Science, Dr. Wadekar K. S. was invited as a guest of honour for the ceremony. The guest of honour Dr. Wadekar K. S. appreciates the rankers of the batch and in his convocation speech discussed about the true values in the life which the young generation must practice in their life to build a strong nation. The conclusion of the program is done by the National Anthem. Then all awardees and dignitaries left the hall by return procession and the function came to a close with the delicious food.



## ARTICLE BY SAFF AND STUDENTS

### DID YOU KNOW: WHITE TEA IS A HEALTHY DRINK

*Mrs. Shital Bidkar*

*H.O.D, Department of Pharmaceutics,  
SPCOP*

White tea is made from the buds of the *Camellia sinensis* plant. Its leaves and buds are picked just before they are fully open. It is steam dried quickly after the leaves are picked, it contains the most antioxidants and catechins, the least caffeine. This tea is pale yellow or green in color. The leaves and buds are allowed to wither in natural sunlight before they are lightly processed to prevent oxidation or further tea processing. The name "white tea" derives from the fine silvery-white hairs on the unopened buds of the tea plant, which gives the plant a whitish appearance. The beverage itself is not white or colorless but pale yellow. White tea requires great care and effort to produce. Special varieties of the tea bush are selected and tended for several years before yielding their first harvest. Early spring provides the best white tea. When the time is right, the workers carefully hand pick the silver buds and select leaves. There is no picking on rainy days or when frost is on the ground. White tea can only be picked for a short time each year,

making it rare and precious. The buds and leaves are then steamed and slowly dried. Health benefits of white tea include a reduced risk of cancer, cardiovascular disorders, and an improvement in oral health. It has antioxidant and anti-aging properties which help in maintaining good health and wrinkle-free skin. It protects the skin from harmful effects of UV rays. With its antibacterial properties, white tea also protects the body from various infection-causing bacteria. It provides relief to diabetics from symptoms such as decreased plasma glucose levels, increased insulin secretion, and excessive thirst (polydipsia). Intake of white tea also helps in losing weight. White tea contains nutrients and antimicrobial qualities that protect the body against the occurrence of diseases. It contains tannins, fluoride, and flavonoids such as catechins and polyphenols. These compounds are responsible for the various benefits this tea provides. White tea has a subtle yet refreshing taste and can be enjoyed both hot and as a cold brew.



## HOSTEL LIFE

*Manisha Nagare  
B. Pharm. Third year*

“Hostel is about varieties of dudes  
Some are good and some are rude  
Some are here who work hard for their career  
And some are always ready to help here”.

“There are some brilliant guys  
That they rarely tell lie  
But some are foolish they do nothing.  
Only eat and sit as if they are in some weeding”.

“Some boys always wear their pant tight  
Some friends have similar heights  
Most of the time there is no light  
Guys end up having a fight”.

“Some are roommate rest are wall mate  
But in the morning their roam in search of soap and tooth paste  
Many boys seems to be possessed by anger  
Later the anger put them in danger  
Something they are great but later they themselves facing a threat”.

“Hostel is about varieties of dudes  
Some are good and some are rude  
Some are here to have fun  
But rest are here to learn”.

Estd. 9th Aug 1990

## **LIFE WITHOUT MUSIC**

**Kartik**

B.Pharm Third Year

Music is perhaps the most abstract and sublime of all the arts. Music is important to the quality of human life. It is capable of transmitting and unbelievable amount of information to us. Without music our world would certainly be a bleak place.

People have created different types of music for different purposes all over the world. Through music we become more aware of our shared humanity and we wisdom to others. Music as an art and an activity appears in all cultures around the world. Human needs music, beauty, gentleness, creativity, sensitivity to others. Music can be therefore a part of the best of life itself. The long term benefits of music are more energy, enhanced thinking, better health, increased handling of stress and pressure, enhanced creativity and many more.

All though the general rule is that loud, fast music speeds you up and soft, slow music puts on the brakes, your personal response to music also depends upon things like age, gender as well as the emotional reactivity and personal attitude towards music. That is why; the given piece of music can vary from one person to the next. Music has a long history, through the ages and across cultures, as a treatment for mind, body, and mood.

Have you ever put on music to get psyched up for an important exam, relax after a hectic day, exercise, think through a difficult problem, or celebrate a personal victory? Chances are the answer is yes. Chances are, you are a musical user. Music can be a way to deliver messages, a poetic medium, a fine art or nothing more than a source of entertainment no matter what it is use for , music is the perfect art and our lives would be that much less complete without it.

There are so many different ways to express yourself, but for me music has always been my go to. Music is my muse; it helps me when no one else can. It can mellow me out and express emotions in the most pure way. it can have no words but yet , still have a strong message.

# NEWS PAPER RELEASED

## 2018-19

**IPA Panna Local Branch**  
 Acharya B.M. Reddy College of Pharmacy, Bangalore in association with IPA, Panna Branch, organized Pharmacist's Day celebration on 25<sup>th</sup> September, 2018. A seminar was organized on the theme: "Pharmacists and your medicine expertise" to commemorate the occasion. The first session was by Mr. Gururaj S., Principal of Acharya B.M. Reddy College, Dr. Gites, Dean, Acharya B.M. Reddy College of Pharmacy, welcomed him with flower bouquet. Mr. Gururaj S. highlighted about the Indian statistical details about the health care professional and also discussed the issues related to their counter distribution of drugs. Dr. Ramesh Babu, Consultant, Emergency Physician Group B, Health Accidents and Emergency, People's Hospital, Bangalore was the speaker for the 2<sup>nd</sup> session. He discussed about the vital role of pharmacist in pharmacological therapies. A rally was organized to mark this occasion. The rally commenced at Chikankasim, and was inaugurated by Dr. Surendra, Member Secretary of IPA Panna Branch. As part of the rally, students expressed about health care awareness and Patient counselling sessions was also conducted by Pharm D students at LSG Medical College PIMSR & Model Hospital, Noida, Noida, Singapore.

**Raj Kumar Goel Institute of Technology (Pharmacy) Ghaziabad**  
 HIGST (Pharmacy), Ghaziabad celebrated World Pharmacist Day with great enthusiasm on 25<sup>th</sup> September, 2018. Dignitaries from various pharmaceutical sectors were present who shared their insights with students. Chief guest and guest of honour Mr. PK Jagg, Chief Pharmacy executive, Delhi state cancer hospital New Delhi and Mr. Atul Nasa (Group control officer, New Delhi), Mr. Mahendrakishor Dattaraj, Senior Manager, Jubilant Generics, Hoshiarpur parents of meritorious students graced the occasion. Dr. Lakshmi Prasad (Group Director, R and D) and Dr. Musliha Sachdeva, Principal welcomed the guest by presenting the guest with light green moping. Mr. PK Jagg and Mr. Atul Nasa inspired the budding pharmacists, highlighting the history and theme of World Pharmacist Day 2018. Mr. Mahendra Kishore also motivated the students to work. Meritorious students and winners were presented with trophies and certificates. Mr. Ashwin Agarwal, Associate Professor, delivered the Vote of Thanks. A free health camp for vision of gum areas was also organized in collaboration with NCC Light-Up Library where around 300 pharmacy students checked BMI, haemoglobin and blood group of around 400 children. They counseled about cleanliness and prevention from malaria and dengue disease. All the faculty, staff and students of pharmacy department participated with great enthusiasm.

**IPA Channarayana Local Branch**  
 Dr. H.L. Channarayana College of Pharmacy in association with Indian Pharmaceutical Association-Channarayana Local Branch and Red Cross Society, Bangalore organized Blood Donation Camp on the eve of World Pharmacist Day in Seminar hall of the college. The staff and students enthusiastically participated in the blood for welfare of the society.

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वाताईर. सकाळ सा. २६/०९/२०१८

### फार्मा मॉडेल एक्सपोजमध्ये आलाना कॉलेज प्रथम ओतूरच्या पवार कॉलेज ऑफ फार्मसीमध्ये आयोजन, ४० महाविद्यालये सहभागी

ओतूर, ता. २८ : ओतूर येथील शरदचंद्र पवार कॉलेज ऑफ फार्मसीमध्ये वर्ल्ड फार्मासिस्ट डे निमित्त राज्यस्तरीय फार्मा मॉडेल एक्सपोजचे उद्घाटन आयोजन करण्यात आल्याची माहिती महाविद्यालयाचे प्राचार्य डॉ. गणेश दामा यांनी दिले.

या राज्यस्तरीय फार्मा मॉडेल एक्सपोजमध्ये पुण्यातील सिरो, चिंचवड, आकुर्वी, नासिक, कळवण, मालेगाव, सांगमने, बेदा, मांडसाणा फराट, शिरूर, टाकळी येथील, केरले, कल्याण अशा राज्यातील ४० महाविद्यालयांनी सहभाग घेतला होता. एकूण ५० मॉडेलचे सार्वजनिक करण्यात आले. यामध्ये आलाना कॉलेज ऑफ फार्मसी पुणेच्या हिवा शाकर, युसुरा

आदित्य वेंपे, परलोका घोसल, विद्या वाकडे, किरण म्हुंके, विकास कोकणे, राहुल रिवे यांचा उदबोधपूर्ण क्रमिक आला.

या वेळी अमृतवाहिनी कॉलेज ऑफ फार्मसी संभारचे डॉ. दिनेश हासे व अण्णासाहेब वाघिरे कॉलेज ओतूरचे प्रा. सोमनाथ कदम यांनी प्रोत्साहन न्याय करून दिले. प्रथम तीन क्रमांक आलेल्या महाविद्यालयांना रजक ट्रोफीसह सन्मान चिन्ह देऊन संस्थेचे सचिव वैभव तांबे यांच्या हस्ते सन्मानित केले गेले. हा कार्यक्रम यशस्वी होण्यासाठी विष्णू महाजन, नितीन देवदास, सोनोप कोरे, शंभूराव बोडकर यांनी परिश्रम घेतले. या वेळी सूत्र्यांचातून बतल बोडकर यांनी केले. विश्व वाकडे यांनी आपण मानले.

ओतूर (ता. नुसरा) : राज्यस्तरीय फार्मा मॉडेल एक्सपोजमध्ये पाहणी करताना शरदचंद्र पवार कॉलेज ऑफ फार्मसीचे प्राचार्य डॉ. गणेश दामा (डावीकडून तिसरे) व इतर.

पुणे येथील युसुरा रिदरे, प्रथम मॉडेल, कल्याण पाटील यांनी तृतीय क्रमांक पटकावला. शरदचंद्र पवार कॉलेज ऑफ फार्मसी ओतूर महाविद्यालयाच्या निखिल धारगे, सगर गुजर, तीफिक नावकोटी व

२०१०/२०१९ व. लक्ष्मण

### आळे परिसरात राष्ट्रीय सेवा योजनेच्या विद्यार्थ्यांनी बांधलेला वनराई बंधारा.

## ओढ्यावर बांधले वनराई बंधारे

लोकमत न्यूज नेटवर्क

आळेफाटा : आळे येथील वेदप्रणोत रेडा समाधी परिसरात बाळासाहेब नाथव महाविद्यालय, विशाल जुन्नर सेवा मंडळ फार्मसी महाविद्यालय व ओतूर येथील शरदचंद्र पवार फार्मसी महाविद्यालय यांच्या संयुक्त विद्यमाने आयोजित राष्ट्रीय सेवा योजनेच्या शिबिरात विद्यार्थ्यांनी ओढ्यावर वनराई बंधारे बांधले.

शिबिराचे उद्घाटन माजी पंचायत समिती सदस्य नेताजी डोके, संस्थेचे माजी अध्यक्ष पोपट हुलवडे, सचिव बाळासाहेब गुजाळ, संचालक अरुण हुलवडे, अर्जुन पाडेकर विशाल जुन्नर सेवा मंडळ अध्यक्ष अशोक सांनवणे यांच्या उपस्थितीत झाले. या शिबिरात प्राचार्य डॉ. सुभाष वाडेकर, डॉ. अमोल हुंबरे, डॉ. सदानंद राजऊन, डॉ. रमेश काकड, डॉ. श्रीकांत फुलसुंद, प्रा. केशव बोरेकर, रामदास कदम, अशोक भोर यांची विविध विषयांवर झालेल्या व्याख्यानातून विद्यार्थ्यांना ऊर्जा व ज्ञानप्राप्ती झाली.

दर्यात प्रकाश शिरोळे यांचे अंधश्रद्धा निर्मूलनाविषयी जादूचे प्रयोग झाले. संस्थेचे अध्यक्ष भाऊशेट कुन्हाडे देवस्थान संस्थेचे अध्यक्ष हनु सहाणे सचिव गिरीश कोकणे उपाध्यक्ष गणेश गुजाळ, कान्हू पाटील कुन्हाडे सरपंच वषाताई कुन्हाडे अर्चनाताई ओटो दिनेश सहाणे यांचे सहकार्य यादरप्यान मिळाले. संस्थेचे उपाध्यक्ष उत्साह सहाणे, सचिव बाळासाहेब गुजाळ, खजिनदार रोहिदास पाडेकर, प्रसन डोके, माजी अध्यक्ष ज्ञानेश्वर कुन्हाडे, प्राचार्य डॉ. सुभाष वाडेकर, डॉ. सुरेश जाधव, डॉ. गणेश दामा, पोपट हुलवडे, देवस्थानाचे पदाधिकारी यांच्या उपस्थितीत समारोप झाला.





आळे येथे राष्ट्रीय सेवा योजना शिबिरात मार्गदर्शन करताना मान्यवर.

## पुस्तकाबरोबरच सामाजिक ज्ञानाची गरज : नेताजी डोके

आळेफाटा : प्रतिनिधी

विद्यार्थ्यांना पुस्तकी ज्ञानाबरोबरच सामाजिक ज्ञानाची गरज आहे, असे मत पंचायत समितीचे माजी मदम्य नेताजी डोके यांनी व्यक्त केले. सावित्रीबाई फुले पुणे विद्यापीठ, बाळासाहेब जाधव कला व वाणिज्य विद्यालय, विशाल इन्स्टिट्यूट ऑफ फार्मास्युटिकल कॉलेज आळे व शरदचंद्र पवार कॉलेज ऑफ फार्मसी ओतूर यांच्या वतीने संत ज्ञानेश्वर महाराज रेडा समाधी मंदिर येथे आयोजित राष्ट्रीय सेवा योजना शिबिराचे उद्घाटन पंचायत समितीचे माजी सभापती नेताजी डोके यांच्या हस्ते व ज्ञानेश्वर ग्रामोन्नती मंडळाचे माजी अध्यक्ष पोपट हुलावळे यांच्या

अध्यक्षतेखाली करण्यात आले, या वेळी ते बोलत होते. अशोक मोनवणे, उल्हास सहाणे, प्रमत्ता डोके, अरुण हुलावळे, संतोष पाडेकर, पांडुरंग डावखर, संतोष कुन्हाडे, गणेश गुंजाळ, संजय खंडागळे, गोरक्ष दिवे, लक्ष्मण कोरडे, बाळासाहेब गुंजाळ, अर्चना औटी, अर्जुन पाडेकर, राजेंद्र कुन्हाडे, महेशशेट महाणे, वंटीशेट कोकणे, प्राचार्य डॉ. एस. के. वाडेकर, डॉ. दुष्यंत गायकवाड, डॉ. सुरेश जाधव, डॉ. गणेश दामा या वेळी उपस्थित होते. डॉ. रवींद्र भुजबळ यांनी प्राम्ताविक केले. प्रियंका गाडेकर यांनी सूत्रसंचालन केले. श्रद्धा जाधव यांनी आभार मानले.

रविवार २४/०२/२०१९  
लोकमल

### डुंबरवाडी फार्मसी महाविद्यालयाचे स्नेहसंमेलन उत्साहात

ओतूर : ओतूर (ता. जुन्नर) येथील श्री गजाननमहाराज शिक्षण प्रसारक मंडळ ओतूर संघलित शरदचंद्र पवार कॉलेज ऑफ फार्मसी, डुंबरवाडीने (ता. जुन्नर) वार्षिक स्नेहसंमेलन व वार्षिक वितरण समारंभ उत्साहात पार पाडला. यासाठी प्रमुख पाहुण्या म्हणून सुरदरनिवार गाजलेल्या सागळे अँड सन्सपेज भायेश्री लिमिटेड उपस्थित होत्या. अध्यक्षस्थानी श्री गजाननमहाराज शिक्षण प्रसारक मंडळाचे अध्यक्ष तथा नगरसेवक विराल तांबे होते. यावेळी धनत्रय वेरापाडे, मंडळाचे मान्य सचिव वैभव तांबे, मंडळाच्या मॅनेजमेंट महाविद्यालयाचे प्राचार्य डॉ. रमेश वाककर, इंटरनॅशनल स्कूलच्या प्राचार्या डॉ. सारिका नारायणी, मंडळाचे उपाध्यक्ष अश्विनी तांबे, बाळसाहेब दुबरे, गुलाब दुबरे, प्राचार्य डॉ. गणेश धामा, प्रा. शीतल बोंडकर, प्रा. निर्मला मेळडराव, डॉ. सुमित जोशी, प्रा. विजय वाकळे, प्रा. सुनील सोबे, डॉ. दीपक उमावकर, प्रा. अस्मिता मायकावाड, प्रा. जयंत बोंडकर आदी उपस्थित होते. राष्ट्रीय महाविद्यालयात रोझ डे, टुडिंगल डे, ब्लॅक अँड व्हाइट डे आदी कार्यक्रमां झाले. सिवाय व्हालीबॉल, बॉक्स क्रिकेट, शीबॉल स्पर्धेचे आयोजन करण्यात आले होते. प्राचार्य डॉ. गणेश धामा यांनी प्रास्ताविक केले. प्रा. जयंत बोंडकर यांनी सूत्रसंचालन केले.

सकाळ वार्ताहर - २० फेब्रुवारी २०१९

## पवार महाविद्यालयात पदवीप्रदान ओतूर येथे कार्यक्रम; ४० विद्यार्थ्यांना पदवी

ओतूर, ता. १९ : ओतूर (ता. जुन्नर) येथील श्री गजानन महाराज शिक्षण प्रसारक मंडळाचे शरदचंद्र पवार कॉलेज ऑफ फार्मसी व सावित्रीबाई फुले पुणे विद्यापीठ यांच्या संयुक्त विद्यमाने आयोजित पदवीप्रदान सोहळा २०१९ नुकताच उत्साहात साजरा करण्यात आला. या वेळी एकूण चाळीस विद्यार्थ्यांना पदवी बहाल करण्यात आली.



ओतूर (ता. जुन्नर) : पदवीप्रदान समारंभप्रसंगी उपस्थित मान्यवर.

या वेळी पदवीप्रदान समारंभ संस्थेचे मानद सचिव वैभव तांबे, आळे येथील बी. जे. कला व वाणिज्य महाविद्यालयाचे प्राचार्य डॉ. सुभाष वाडेकर, प्राचार्य डॉ. गणेश दामा, परीक्षा विभागाचे अधिकारी जयंत बोंडकर, राष्ट्रीय सेवा योजना अधिकारी निर्मला मेळडराव, कला

विषयान्वय मार्गदर्शन केले. कार्यक्रमाले अस्मिता गायकवाड, निर्मला चिवडशेट्टी, चेतन पुरोटे, मोरेश जाधव यांनी सहकार्य केले. सुनील होर यांनी सूत्रसंचालन केले; तर शीतल बिडकर यांनी आभार मानले.